DO YOU WANT TO TALK TO SOMEONE
About an incident (recent or former) of sexual assault, sexual harassment, intimate partner violence, or stalking?

FOR EMERGENCIES
MIT Police 617-253-1212 (on campus)
911 (off campus)

MEDICAL ATTENTION
MIT Medical (confidential resource) 617-253-4481

MIT RESOURCES
Violence Prevention & Response (VPR)
617-253-2300 📞
VPR can provide support and answer questions about resources and reporting options.

Student Mental Health & Counseling
617-253-2916 📞

Chaplains
617-253-7707 📞

Ombuds Office
617-253-5921 📞

MyLife Services
844-405-5433 📞

OFF CAMPUS RESOURCES
Boston Area Rape Crisis Center
1-800-841-8371 📞

RAINN (hotline)
1-800-656-HOPE 📞

Transition House
617-661-7203 📞

Violence Prevention & Response (VPR)
617-253-2300 📞
VPR can provide support and answer questions about resources and reporting options.

FOR CONFIDENTIAL SUPPORT
Confidential resources will not inform IDHR of any information shared.

WHAT IF I WOULD RATHER TALK TO ONE OF THE FOLKS BELOW?
- Coaches
- Residential Life Staff (including GRAs)
- Academic Advisors
- Faculty
- Teaching Assistants

EXCEPTIONS FOR STUDENTS
- Student Support Services (S³)
- Office of Graduate Education
- Deputy Title IX Coordinators

EXCEPTIONS FOR EMPLOYEES
- Managers & Supervisors (even if it’s not your Manager/Supervisor)
- Human Resource professionals (both central and DLC-specific)

EXAMPLES FOR STUDENTS
If you speak with the staff mentioned above (otherwise known as Responsible Employees), they have a responsibility to inform IDHR of the incident. IDHR Staff will then reach out to you via email to ask if you would like to meet and learn more about resources and reporting options available to you. You do not have to agree to meet with IDHR staff.

EXAMPLES FOR EMPLOYEES
If you speak with the staff mentioned above (otherwise known as Responsible Employees), they have a responsibility to inform IDHR of the incident. IDHR Staff will then reach out to you via email to ask if you would like to meet and learn more about resources and reporting options available to you. You do not have to agree to meet with IDHR staff.

HOW CAN IDHR HELP ME?
The Institute Discrimination & Harassment Response Office (IDHR) can help faculty, staff, students, and postdocs who are experiencing any form of discrimination or discriminatory harassment on the basis of:

- race
- color
- sex
- sexual orientation
- gender
- pregnancy
- sexual identity
- religion
- disability
- veteran
- age
- genetic
- information
- national or ethnic origin

Please note that discrimination or discriminatory harassment on the basis of sex includes sexual assault, sexual harassment, intimate partner violence, and stalking. Many of the resources listed on the left can also support you if you’ve experienced discrimination other than sexual misconduct.

FREQUENTLY ASKED QUESTIONS

What happens when I submit an incident report to IDHR?
What is “serious enough” to share?

When you submit an incident report to IDHR, “reporting” simply means letting the IDHR Office know something has occurred. An IDHR staff member will contact you to schedule a time to meet or talk. IDHR can provide information on supportive measures, resources, and options to resolve and address the impact of what you experienced.

Please note that reaching out or reporting to IDHR does not automatically trigger an investigation process.

If it’s serious to you, it’s serious to us. The earlier we’re notified, the more we can do to address the situation.

I don’t want to file a formal complaint, so why would I go to IDHR?
Our office does much more than just conduct formal complaint investigations. We have a variety of other ways to address concerns about discrimination at MIT including:

1. ADAPTABLE RESOLUTION: We can address concerns through adaptable resolution processes. These are a range of options from shuttle mediation to facilitated dialogue, that seek to find mutually agreeable solutions to address impact.

2. SUPPORTIVE MEASURES: We can assist in securing workplace, housing, or academic modifications, obtaining no-contact orders, talking to someone about their behavior and its effect on you, and more.

3. EDUCATION AND TRAINING: The IDHR Education Team can provide interactive training and educational opportunities, including in-person as well as online trainings.