DO YOU WANT TO TALK TO SOMEONE About an incident (recent or former) of sexual assault, sexual harassment, intimate partner violence, or stalking?

FOR EMERGENCIES

EMERGENCIES

MIT Police 617-253-1212 (on campus)
911 (off campus)

MEDICAL ATTENTION

MIT Medical (confidential resource)
617-253-4481

FOR CONFIDENTIAL SUPPORT

MIT RESOURCES

Violence Prevention & Response (VPR)
617-253-2300
VPR can provide support and answer questions about resources and reporting options.

Student Mental Health & Counseling
617-253-2916

Chaplains
617-253-7707

Ombuds Office
617-253-5921

MyLife Services
844-405-5433

OFF CAMPUS RESOURCES

Boston Area Rape Crisis Center
1-800-841-8371

RAINN (hotline)
1-800-656-HOPE

Transition House
617-661-7203

FOR CONFIDENTIAL SUPPORT

Confidential resources will not inform IDHR of any information shared.

REPORTING AN INCIDENT

IDHR - Reporting MIT Policy Violations
Learn more about:
• Supportive Measures
• Adaptable & Investigative Resolution Pathways
• Confidential Resources
On or Off Campus

MIT POLICE - Reporting State Law Violations
Learn more about:
• Pressing Criminal Charges
• Obtaining Protection Orders through Court
• Connecting with Local (Non-MIT) Police

WHAT IF I WOULD RATHER TALK TO ONE OF THE FOLKS BELOW?

EXAMPLES FOR STUDENTS
• Coaches
• Residential Life Staff (including GRAs)
• Academic Advisors
• Faculty
• Teaching Assistants

EXAMPLES FOR EMPLOYEES
• Managers & Supervisors (even if it's not your Manager/Supervisor)
• Human Resource professionals (both central and DLC-specific)

I don’t want to file a formal complaint, so why would I go to IDHR?

Our office does much more than just conduct formal complaint investigations. We have a variety of other ways to address concerns about discrimination at MIT including:

1. ADAPTABLE RESOLUTION: We can address concerns through adaptable resolution processes. These are a range of options from shuttle mediation to facilitated dialogue, that seek to find mutually agreeable solutions to address impact.

2. SUPPORTIVE MEASURES: We can assist in securing workplace, housing, or academic modifications, obtaining no-contact orders, talking to someone about their behavior and its effect on you, and more.

3. EDUCATION AND TRAINING: The IDHR Education Team can provide interactive training and educational opportunities, including in-person as well as online trainings.

HOW CAN IDHR HELP ME?

The Institute Discrimination & Harassment Response Office (IDHR) can help faculty, staff, students, and postdocs who are experiencing any form of discrimination or discriminatory harassment on the basis of:

• race
• color
• sex
• sexual orientation
• gender identity
• pregnancy
• religion
• genetic information
• veteran status
• age
• ancestry
• national or ethnic origin

Please note that discrimination or discriminatory harassment on the basis of sex includes sexual assault, sexual harassment, intimate partner violence, and stalking. Many of the resources listed on the left can also support you if you’ve experienced discrimination other than sexual misconduct.

FREQUENTLY ASKED QUESTIONS

What happens when I submit an incident report to IDHR? What is “serious enough” to share?

When you submit an incident report to IDHR, “reporting” simply means letting the IDHR Office know something has occurred. An IDHR staff member will contact you to schedule a time to meet or talk. IDHR can provide information on supportive measures, resources, and options to resolve and address the impact of what you experienced.

Please note that reaching out or reporting to IDHR does not automatically trigger an investigation process.

If it’s serious to you, it’s serious to us. The earlier we’re notified, the more we can do to address the situation.

If you speak with the staff mentioned above (otherwise known as Responsible Employees), they have a responsibility to inform IDHR of the incident. IDHR Staff will then reach out to you via email to ask if you would like to meet and learn more about resources and reporting options available to you. You do not have to agree to meet with IDHR staff.

Institute Discrimination & Harassment Response Office
idhr.mit.edu