

# “ DO YOU WANT TO TALK TO SOMEONE

About an incident (recent or former) of sexual assault, sexual harassment, intimate partner violence, or stalking?

## FOR EMERGENCIES

### EMERGENCIES

[MIT Police](#) 617-253-1212 (on campus)  
911 (off campus)

### MEDICAL ATTENTION

[MIT Medical](#) (confidential resource)  
617-253-4481

## FOR CONFIDENTIAL SUPPORT

### MIT RESOURCES

[Violence Prevention & Response \(VPR\)](#)

617-253-2300

VPR can provide support and answer questions about resources and reporting options.

[Student Mental Health & Counseling](#)

617-253-2916

[Chaplains](#)

617-253-7707

[Ombuds Office](#)

617-253-5921

[MyLife Services](#)

844-405-5433

### OFF CAMPUS RESOURCES

[Boston Area Rape Crisis Center](#)

1-800-841-8371

[RAINN \(hotline\)](#)

1-800-656-HOPE

[Transition House](#)

617-661-7203

Confidential resources will not inform IDHR of any information shared.

For Students  
For Faculty, Staff, and Postdocs

## REPORTING AN INCIDENT

### IDHR - Reporting MIT Policy Violations

Learn more about:

- Supportive Measures
- Adaptable & Investigative Resolution Pathways
- Confidential Resources On or Off Campus

### MIT POLICE - Reporting State Law Violations

Learn more about:

- Pressing Criminal Charges
- Obtaining Protection Orders through Court
- Connecting with Local (Non-MIT) Police

Report your experience anonymously or non-anonymously at [idhr.mit.edu](http://idhr.mit.edu).  
*can be pursued simultaneously*

## WHAT IF I WOULD RATHER TALK TO ONE OF THE FOLKS BELOW?

### EXAMPLES FOR STUDENTS

- Coaches
- Residential Life Staff (including GRAs)
- Academic Advisors
- Faculty
- Teaching Assistants
- Student Support Services (S<sup>2</sup>)
- Office of Graduate Education
- Deputy Title IX Coordinators

### EXAMPLES FOR EMPLOYEES

- Managers & Supervisors (even if it's not your Manager/Supervisor)
- Human Resource professionals (both central and DLC-specific)

If you speak with the staff mentioned above (otherwise known as *Responsible Employees*), they have a responsibility to inform IDHR of the incident. IDHR Staff will then reach out to you via email to ask if you would like to meet and learn more about resources and reporting options available to you. You do not have to agree to meet with IDHR staff.

# HOW CAN IDHR HELP ME?

The **Institute Discrimination & Harassment Response Office (IDHR)** can help faculty, staff, students, and postdocs who are experiencing any form of discrimination or discriminatory harassment on the basis of:

- race
- color
- sex
- sexual orientation
- gender identity
- pregnancy
- religion
- disability
- age
- genetic information
- veteran status
- ancestry
- national or ethnic origin

Please note that discrimination or discriminatory harassment on the basis of sex includes sexual assault, sexual harassment, intimate partner violence, and stalking. Many of the resources listed on the left can also support you if you've experienced discrimination other than sexual misconduct.

## FREQUENTLY ASKED QUESTIONS

### What happens when I submit an incident report to IDHR? What is "serious enough" to share?

When you submit an incident report to IDHR, "reporting" simply means letting the IDHR Office know something has occurred. An IDHR staff member will contact you to schedule a time to meet or talk. IDHR can provide information on supportive measures, resources, and options to resolve and address the impact of what you experienced.

Please note that reaching out or reporting to IDHR does not automatically trigger an investigation process.

If it's serious to you, it's serious to us. The earlier we're notified, the more we can do to address the situation.

### I don't want to file a formal complaint, so why would I go to IDHR?

Our office does much more than just conduct formal complaint investigations. We have a variety of other ways to address concerns about discrimination at MIT including:

- ADAPTABLE RESOLUTION:** We can address concerns through adaptable resolution processes. These are a range of options from shuttle mediation to facilitated dialogue, that seek to find mutually agreeable solutions to address impact.
- SUPPORTIVE MEASURES:** We can assist in securing workplace, housing, or academic modifications, obtaining no-contact orders, talking to someone about their behavior and its effect on you, and more.
- EDUCATION AND TRAINING:** The IDHR Education Team can provide interactive training and educational opportunities, including in-person as well as online trainings.



INSTITUTE DISCRIMINATION & HARASSMENT RESPONSE OFFICE

[idhr.mit.edu](http://idhr.mit.edu)

